



# Dom Raso's DANIEL DEFENSE MK-12 DRILL

\*ALL SHOTS STANDING ARE TO CHEST BOX  
\*ALL SHOTS PRONE ARE TO HEAD BOX

## DYNAMIC

- 5 shots standing at 100 Yards
- 5 shots Prone
- Sprint to 50 Yard line w/mag change
- 5 shots standing
- 5 shots prone
- 1 more shot in prone
- SCAN, END

## STATIONARY (Limited Range)

- 5 shots (chest)
- 5 shots (head)
- 5 shots (chest)
- 5 shots (head)
- 1 shot (head)
- SCAN, END

# DANIEL DEFENSE

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## GEAR REQUIRED:

- 1 mag in the gun
- 4 extra mags (preferably in a carrier)
- All mags loaded with 5 rounds
- Optic of your choice

## SCORE:

DRILL TIME:

TOTAL MISSES:  +  x 10 sec.

FINAL TIME:

# RECOIL

Watch Dom shoot the drill, and then try to beat his time:



<http://youtu.be/fPFUWOYkrDE>

Find and follow Dom on Instagram at  **Domraso** and on Twitter and Facebook at  **Domrasojr**

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